



# **Community Fundraising Guide for Schools**

Help create a better life and more hopeful future for anyone impacted by TSC (Tuberous Sclerosis Complex)

Thank you for your interest in encouraging a school to raise funds for TSA (Tuberous Sclerosis Australia). Your support will enable TSA to help and support individuals and families living with the daily challenges of this devasting disease.

The money raised by schools will go directly to providing life-changing programs and services to improve the lives of people living with TSC and their family. Together, we can help each of the 50 babies born each year in Australia with TSC.

## How your school can get involved

There are so many simple and fun ways your school can support TSA. Here's a few ideas;

- Run a mufti day or wear blue to school for TSA with a gold coin collection
- Organise a school Spell-a-thon a fun and educational way to raise funds
- Hold a Crazy Hair Day and get students to seek donations from their family and friends
- Chocolate fundraiser each student take a box of chocolates to sell to family and friends
- Walk-a-thons, fun runs or colour runs

TSA suggest you start by talking to the Principal or Parent Teacher Association about how to get TSA selected as the schools preferred charity. Sharing a little about how TSC personally impacts your family might help.

#### About TSC and TSA

TSC is a rare genetic disease. There are currently over 2,500 Australians living with this condition. TSC affects every organ in the body and commonly causes tumours to grow in the brain, heart, kidneys, skin and lungs. It frequently causes difficult to control epilepsy, learning difficulties and intellectual disabilities, autism, mental health challenges and disfiguring facial growths. There is no known cause. There is no cure. We need your help to minimise the most

harmful impacts of this disease on children and families. For over 40 years TSA has been the go-to resource for information, advice, support for anyone affected by TSC.

#### How TSA can support your fundraising

We'd love to hear your ideas for fundraising and work with you and your school to make them a reality. Some examples of how we can help you include:

- Develop posters about TSC and TSA, like our #Heroes4Alana
- Liaise with the school to share information and videos on TSC and TSA
- Organise a guest speaker for your event
- Create a tailored donation webpage for sharing on social media, processing and receipting donations, or you can set one up on <u>mycause</u>
- Provide an endorsement letter your school can use to solicit donations and goods for raffles.

Together we can make sure your school fundraiser is successful, fun, and safe.

### How to get started

Call us today and we will help you get started. Please contact TSA's Fundraising Manager Kate Garrard for any assistance on 0434 391 430 or email <a href="mailto:kate.garrard@tsa.org.au">kate.garrard@tsa.org.au</a>.

