

Neurodevelopmental Disorders in Children with TSC: RECOMMENDED RESOURCES

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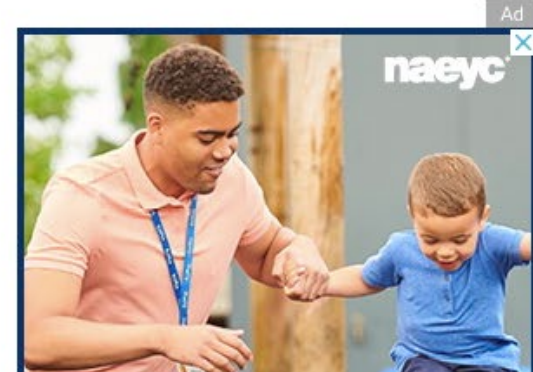
What Does a High-Quality Preschool Program Look Like?



🏠 What Does a High-Quality Preschool Program Look Like?

Teachers focus on these areas to help children learn best.

Creating a Caring Community of Learners





Centers for Disease Control and Prevention
CDC 24/7: Saving Lives, Protecting People™

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The Sydney
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care, advocacy, research, education

🏠 Child Development

Child Development +
BasicsDevelopmental +
Screening**Positive Parenting —
Tips**

Infants (0-1 year)

Toddlers (1-2 years)

Toddlers (2-3 years)

Preschoolers (3-5
years)Middle Childhood
(6-8 years)Middle Childhood
(9-11 years)

Positive Parenting Tips

[Español \(Spanish\)](#)

As a parent you give your children a good start in life—you nurture, protect and guide them. Parenting is a process that prepares your child for independence. As your child grows and develops, there are many things you can do to help your child. These links will help you learn more about your child's development, positive parenting, safety, and health at each stage of your child's life.



APP & RESOURCES

LOVE Talk SING Read PLAY APP

This app has been developed as a Families NSW project in partnership between South Western Sydney Local Health District, South Eastern Sydney Local Health District, Sydney Local Health District, Families NSW St George Child and Family Interagency and Resourcing Parents.

The Love Talk Sing Read Play app contains information for every family to help their child/ren learn and develop.

- Get help on how to help your child/ren learn and develop.
- Add photos of your child/ren and create a memory book.
- Choose your own captions or use the ones provided.
- Be sent reminders on immunisations and blue book checks.
- Use our generic parenting contacts or add your own personalised contacts.
- Download the App, set up your profile and select your language; English, Arabic, Bengali, Chinese or Nepali.





raisingchildren.net.au

the australian parenting website



Search the site



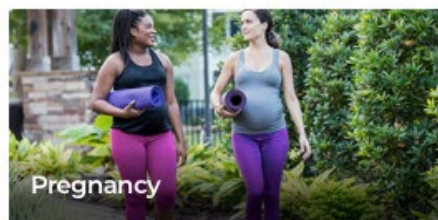
pregnancy & grown-ups ▾

babies & children ▾

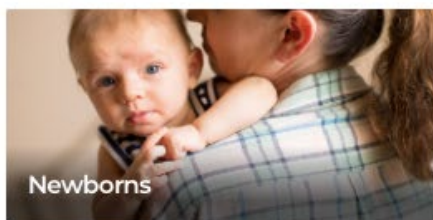
teens ▾

autism & disability ▾

[Read more >](#)



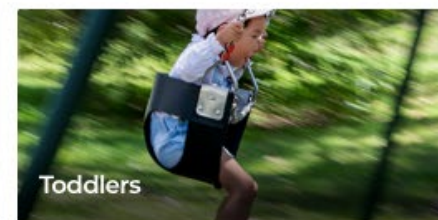
Pregnancy



Newborns



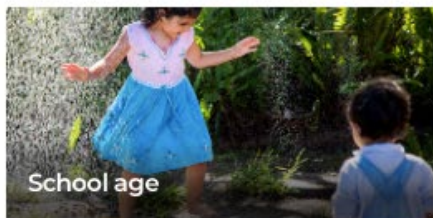
Babies



Toddlers



Preschoolers



School age



Pre-teens



Teens



Grown-ups



Autism



Disability



A-Z health reference



Helping children with disability learn through everyday interests and play



Play and children with autism spectrum disorder



Friends and peers: children and teenagers with autism spectrum disorder



Parties and social events: children and teenagers with autism spectrum disorder



Preschoolers making friends



Friends and friendships: 10 frequently asked questions



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Resources for professionals

Professionals, this collection brings together articles, videos and guides related to mental health from across raisingchildren.net.au. Better support the families you work with by quickly and easily accessing our up-to-date and evidence-based content on child, teenage and parent mental health and wellbeing. Get information, download resources or refer parents to raisingchildren.net.au.

Search mental health topics by using the A-Z index or browsing topics below.

A B **C** D E F G H I J K L M N O P Q R S T U V W >



- Calling out and getting out of bed
- Child health - services
- Child protection, health and safety services
- Child safety - services
- Child sexual abuse: help and support for children
- Child sexual abuse: helplines and services
- Child sexual abuse: talking to children 0-11 years

- Childhood sexual behaviour - when to be concerned
- Children's impact on your relationship
- Choosing mental health services for teenagers
- Communication - tips for parents on talking to each other
- Community activities: getting teenagers involved
- Confidence in teenagers

